

NCAA Fact Sheet & Core Course Requirements

1. If you want to play Division I or Division II sports you need to take and pass a certain amount of core courses (16 credits) which include: language arts, math, social studies, science, and foreign language. In addition, 10 of the 16 core courses must be completed by the end of the athlete's junior year. Division III sports and junior college sports programs set their own eligibility determination. If you are looking at Division III colleges, contact each specific college/university for eligibility requirements.

2. Any credit you earn from a source not recognized by the NCAA is reviewed on a case-by-case basis, so taking classes outside of an accredited institution or non-approved NCAA classes, is a gamble. Always check with your counselor before signing up for independent classes.

3. When NCAA representatives look at you for scholarships they not only look at your athletic ability and potential but also look at your GPA and ACT/SAT scores using a "sliding" scale. This means, for example, if your GPA is a 2.3, the college/university will want to see a higher ACT/SAT score. If, on the other hand, your GPA is very high, the college/university is more likely to accept a lower ACT/SAT score. In short, a college or university will look at your athletic ability as well as evaluate you on your test scores, GPA, and meeting the 16 core credits. Colleges want high athletic ability, high GPA, high ACT/SAT score, and a high level of character in its student athletes.

4. Register online at www.eligibilitycenter.org. Colleges will want your test scores and your final transcript. If you are looking for those scores, please go to the transcript office located in the counseling center.

5. **The NCAA does not accept "A level", IEP, or Special Education classes as core credits.**

6. Alta High's school code is: 450-402

7. For answers to NCAA Eligibility questions contact: 877-262-1492 (toll free)

Alta Counseling Department
(801) 826-5620
www.ahs.canyonsdistrict.org

[NCAA Website: www.eligibilitycenter.org](http://www.eligibilitycenter.org)

Alta's NCAA Counselor Representative:

Cierra Bell
(801) 826-5759
cierra.bell@canyonsdistrict.org

NCAA Eligibility Center Core Course Credits

Alta High School Code: 450-402

Division I & Division 2: 16 or more core, 10 of which must be completed by junior year

English	Mathematics	Social Science
Creative Writing	Calculus AB/AP, BC/AP	American Govt/Poli AP
English 1010	College Prep Math	American History AP
English 2010	Math 1030 Quantitative Lit	Comparative World Religion
English Language Arts 9	Math 1040 Statistics	Civil Rights
English Language Arts 9H	Math 1050 College Alg	Environmental Issues
English Language Arts 10	Math 1060 Trigonometry	European History AP
English Language Arts 10H	Pre-Calculus	Geography for Life
English Language Arts 11	Secondary I, II, III	Human Geography AP
English Language Arts 11H	Secondary IH, IIH	International Rel/Model UN
English Language Arts 12	Secondary I/IIH Adv	Intro Ethnic Studies/ETHS 2400
English Lang Arts 12H CP	Secondary II/IIIH Adv	Intro to Philosophy
Humanities 1100	Statistics AP	Legal Research
Language & Comp AP		Macro/Microeconomics AP
Literature & Comp AP		Price of Prejudice
Natural/Physical Science	Foreign Language	Psychology 1
Astronomy	Chinese 1, 2, 3, 4H, 5H	Psychology 2
Biology/AP Biology	Chinese 3116, 3117, 3118	Psychology AP
Botany	French 1, 2, 3, 4	Sociology 1
Chemistry	French 2H, 3H	US Govt/Citizenship
Chemistry H	French AP Lang	US History
Chemistry AP	French AP Lit	World Civilizations/Hist
Earth Science	French 1010/1020	World History AP
Environmental Sci	German 1, 2, 3, 4	
Geology	German AP	
Medical Anat/Physiology	Spanish 1, 2, 3, 4	
Physics	Spanish 3H	
Physics H	Spanish AP Lang	
Physics AP	Spanish AP Lit	
Wildlife Biology	ASL 1, 2	
	ASL 3H	

All credit and credit sources must be verified by NCAA Eligibility Center

www.eligibilitycenter.org

Alta Core Course Tracking Sheet

NCAA Eligibility

Division I & II 16 Core Course Rule

16 Core Courses:

- 4 years English Language Arts
- 3 years Mathematics (Secondary I or higher)
- 2 years Natural/Physical Science (1 year of lab if offered by high school)
- 1 year Additional Language Arts, Mathematics, or Natural/Physical Science
- 2 years Social Science
- 4 years Additional courses (from any area above, foreign language, or non-doctrinal religion/philosophy)

Please make sure that you have picked enough classes that are on the approved core list. Classes must be taken between 9th and 12th grades. The student athlete must have a minimum 2.3 GPA in their core classes.

English Language Arts (4 Classes)	Grades				Year
1					
2					
3					
4					

Mathematics (3 Classes)	Grades				Year
1					
2					
3					

Social Science (2 Classes)	Grades				Year
1					
2					

Natural/Physical Science (2 Classes, incl. 1 lab science)	Grades				Year
1					
2					

Additional Eng, math, or sci (1 Class)	Grades				Year
1					

Additional from any above (4 Classes)	Grades				Year
1					
2					
3					
4					

Recommendations: